

Requirements to become a Sports Tourism Destination

In order to be certified as a Sports Tourism Destination, tourism municipalities and areas must go through an **auditing process** and meet the following **requirements**:

a) General requirements

- **Create and improve tourism products** (lodging, restaurants, facilities, etc.)
- **Publicise and market the destination.**
- **Coordinate** activities with the various **agents involved.**
- Continually **improve and professionalise** each involved agent's **own management**
- Have a **natural setting** and **weather conditions** appropriate for practicing each sport.

b) General sports requirements

- Provide **facilities** to practice various sports (changing rooms, hot water showers, gymnasium, etc.)

c) **Specific sports requirements** for the sports in which the tourism destination wishes to specialise:

There are a series of parameters ranging from some compulsory minimums to recommended minimums. Depending on each sport, these parameters are the following:

- **Rowing and canoeing** in calm waters
 - Have calm bodies of water (lakes, rivers, reservoirs) of more than 1,200 X 100 navigable metres.
- **Swimming**
 - Have a swimming pool of a minimum of 25 x 16 metres.
- **Parachuting**
 - Have an aerodrome in good condition located in an area free of obstacles.
 - Have favourable atmospheric conditions suitable for flying aircraft all year-round.
- **Cycling**
 - Have mountainous terrain that offers attractive drops.
 - Have at least 800 km of routes on an asphalt-paved road network at the destination and in the surrounding areas. These routes should have little motor traffic and be suitable for road bicycles.
- **ATB**
 - Have mountainous terrain that offers attractive drops.
 - Be officially recognised as an ATB Centre by Turisme de Catalunya.

- **Group sports:**
 - Have a sports centre equipped to host various sports such as indoor football, handball, basketball, volleyball or badminton.
- **Running and triathlon**
 - Have a swimming pool of a minimum of 25 x 16 metres.
 - Have an asphalt-paved road network for bicycles of at least 120 km with little traffic.
 - Have a network of paths, trails or asphalt-paved roads of at least 20 km with little or no traffic and free of steep slopes.
- **Mountain trekking / Alpine running:**
 - Have mountainous terrain that offers at least 1,000 metres between the lowest and highest points of elevation.
 - Have paths that are situated higher than 1,500 m above sea level.
 - Have at least 150 km of paths, in addition to long-distance (GR) and short-distance (PR) paths.
- **Football**
 - Have a grass pitch in good condition between 90 - 120 metres long and 45 – 90 metres wide.
- **Track and Field**
 - Have a pine forest or path of 2-3 km long for resistance training.
 - Have a well-paved asphalt road network with little traffic. It should run 2-3 km and be suitable for practicing track and field as well as marathon activities.
 - Have an athletics track with at least six lanes, all the equipment necessary for training and in accordance with specifications set forth by the Federació Catalana d'Atletisme (Catalan Athletics Federation).
- **Dinghy sailing**
 - Have a sailing club or base in the area.
 - Have regulation facilities for dinghy sailing.
 - Have a pneumatic boat with at least 20 CV.
 - Ability to access the weather forecast on a daily basis.
- **Tennis**
 - Have at least five clay courts, three hard courts, and a gymnasium with weight and cardiovascular machines and two changing rooms with showers.
- **Canoeing in rough waters:**
 - Have a body of water suitable for practicing this sport, with an average incline of at least 8 per mil.
 - Have a route of a minimum of 250 metres with at least 18 exits.

For more information, please contact to:

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