

Best practice SBI implementation model

Case identification routinely within GP and practice nurse consultations:

Opportunistic screening
Population led data exercise
Targeted screening

- AUDIT C
- FAST
- AUDIT PC

AUDIT

Negative screen:

- Positive reinforcement
- Unit awareness

Possible dependence:

- Referral for diagnostic evaluation

Positive screen

- Tier 1 simple structured advice following How Much is Too Much? materials
 - o *'Your score indicates the possibility of future harm. What do you think...?'*
- Assessment of motivation to change
- Offer of follow up appointment

Patient's consumption level decreases

Tier 2 Health Behaviour Change counselling

- 10-15 minutes of motivational enhancement

Referral to specialist agency