

Country profiles

Written policy on the management of alcohol use disorders?		
	Governmental	Non-governmental
Yes, stand alone	7	3
Yes, part of alcohol policy	4	1
No, but in preparation	3	4
No	3	8
Don' know		1
Total	17	17

Country profiles



Content of policy on the management of alcohol use disorders?		
	Governmental	Non-governmental
A national strategy on training	6	4
A national funded research strategy	6	2
Brief interventions by primary care professionals	10	4
Intensive support in specialized treatment facilities	8	2
Total	11	4

Country profiles

Is there any central government funding for services for the management of alcohol use disorders?	
Yes	13
No, but funding is being prepared	0
No (Germany, Slovenia, Spain)	3
Don't know	1

Country profiles

Are there nationally endorsed clinical guidelines for the management of alcohol use disorders in your country?	
Yes, stand alone guidelines (Bulgaria, Denmark, France, Poland, Spain, Sweden)	6
Yes, but part of other clinical care guidelines (e.g. drug dependence guidelines)	2
No, but guidelines are being prepared	6
No	3
Don't know	0

Country profiles

If there are nationally endorsed clinical guidelines for the management of alcohol use disorders, have there been any studies in your country on their implementation or adherence?

Yes (Bulgaria, Poland, Sweden)	3
No, but studies are being prepared	4
No	1
Don't know	0

Country profiles

Have national training programmes for managing alcohol use disorders in general practice been developed and implemented in your country?	
Yes, developed and implemented (Netherlands, Spain)	2
Yes, developed but not implemented	9
No, but being developed	1
No	5
Don't know	0

Country profiles

Have national public service announcements or media campaigns been mounted in your country targeting heavy drinkers with a message on how to cut down?	
Yes	9
No, but announcements or campaigns are being prepared	3
No	5
Don't know	0

Country profiles

Is a proportion of alcohol taxes specifically earmarked (hypothecated) to fund the costs of services to manage alcohol use disorders?	
Yes	1 (Poland)
No	14
Don't know	2

Country profiles

Is the management for alcohol use disorders funded or reimbursed through the national health care system or other third party payers?

Yes

16

No

1 (Czech)

Don't know

0

Country profiles

Availability of services (1=not available; 5=widely available)	
General/family practice	3.4
Hospital clinics	3.1
Work places	2.2
Pharmacists	1.8
Specialist clinics	4.1
Community based clinics	2.9
Mass media campaigns	2.8
Telephone help lines	3.4
Internet sites	3.4
Addiction services	4.3
Group clinics	3.1

Country profiles



Availability of training (1=not available; 5=widely available)	
General practitioners/family doctors	2.6
General practice/family practice based nurses	2.1

Country profiles

Have there been any randomized controlled trials on the effectiveness of the management of alcohol use disorders in general practice undertaken in your country that have been published in peer reviewed journals or in government publications?	
Yes (England, Finland, France, Italy, Netherlands, Poland, Spain, Sweden)	8
No, but such trials are being undertaken	2
No	7
Don't know	0

Country profiles

Have there been any studies on the cost effectiveness of the management of alcohol use disorders in general practice in your country that have been published in peer reviewed journals or in government publications?

Yes (England, Sweden)	2
No, but such studies are being undertaken	4
No	10
Don't know	1

Country profiles

Has the WHO AUDIT questionnaire been translated into your national language?	
Yes	17
No, but it is currently being translated	0
No	0
Don't know	0

Country profiles

Have there been any studies on the use of the AUDIT or that have used the AUDIT in your country that have been published in peer reviewed journals or in government publications?	
Yes	10
No, but such studies are being undertaken	1
No	5
Don't know	1

Country profiles

Have there been any studies on the attitudes of general practitioners or their patients with regard to the management of alcohol use disorders in your country that have been published in peer reviewed journals or in government publications?	
Yes (Belgium, Bulgaria, England, Finland, France, Italy, Spain, Sweden)	8
No, but such studies are being undertaken	1
No	7
Don't know	1

Country profiles

Have there been any studies on how to increase the involvement of general practitioners in the management of alcohol use disorders in your country that have been published in peer reviewed journals or in government publications?

Yes (Belgium, England, Sweden)

3

No, but such studies are being undertaken

5

No

8

Don't know

1

Country profiles



Indicator	Number	Men	Women	
Prevalence of hazardous and harmful alcohol consumption	15/16	24.4%	15.9%	
Prevalence of alcohol intoxication	12/16			
Prevalence of alcohol dependence	10/16	8.4%	2.2%	
Proportion who have tried to cut down on their drinking or abstain from alcohol	2/16 England Poland	10.2%	20.1%	
Proportion who have tried the following things to cut down on their drinking or abstain from alcohol completely	0/16	Except Belgium, for doctor/nurse and pharmacist		
Consultation rates	3/16	(Belgium, Denmark and Germany)		

Country profiles



Cases weighted by gender age and municipality

Country profiles



Conclusions

- **2/3 have a governmental policy on management of alcohol use disorders, but only 1/4 a non-governmental policy. Brief interventions in general practice is a core component of the policies**
- **About one half have clinical guidelines, but there are very few studies of their implementation and very little implementation of training programmes**
- **Specialist services are reasonable well developed, but primary health care services not**

Country profiles



Conclusions

- **About half the countries have undertaken efficacy studies, but there is very little cost effectiveness research**
- **The AUDIT seems to be available and well studied**
- **About half the countries have studied attitudes, but there is very little implementation research**
- **While there are studies on the prevalence of alcohol use disorders, there is almost no information on the clients' experience of cutting down**