To provide ongoing support to the trainees
To provide a training the trainers experience in order to disseminate SBI in the country
To introduce the basic concepts of SBI in the country
Commonalities in language and culture make it possible to share the Spanish training experience with Central and South American countries
Some experiences have already been conducted in Brasil by Tom Babor and colleagues
The PanAmerican Health Organization (PAHO) has among its priorities the dissemination of SBI in those countries
Screening and Brief Intervention (SBI) for hazardous and harmful drinking has not been implemented in Central and South America
Alcohol consumption is a matter of concern in most of the American countries.

Aim

To introduce the basic concepts of SBI in the country
To train opinion leaders in the use of SBI
To provide a training the trainers experience in order to disseminate SBI in the country
To provide ongoing support to the trainees

The experience in Cuba

Day
Content
Monday
Introduction. Basic concepts. The Cuban situation
Tuesday
Identification of risky drinkers. Pros and cons in Cuba
Wednesday
Brief advice. Basic concepts and scientific evidence
Alcohol dependence syndrome. Diagnosis, referral & treatment
Thursday
Dissemination of SBI in Cuba strengths and weaknesses
Friday
Training the trainers strategies. Overview of the Phepa project
Conclusions

Evaluation

At the end of the training all trainees filled anonymously an evaluation form
All items were answered following a five points Lickert scale ranging from 5 (excellent) to 1 (very poor).
There was also an open question for comments and suggestions

Evaluation form

Mean results. Cuba

Mean results. El Salvador

Conclusions

Commonalities with the Spanish culture facilitate the training process
Evaluation of training is rated very high
Results of those pilot studies can’t be generalized

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This collaboration has received partial funds from the ISCIII (Red de Centros C03/09).